

# NORTH RALEIGH PEDIATRIC GROUP, P.A.

R E. Frerichs, M.D.  
Kunjan Shakya, MD  
Pamela P Golden, DO  
Chitrabharathi Chandrasekaran, MD

7205 Stonehenge Drive  
Raleigh, NC 27613  
(919) 848-2249  
Fax (919) 848-8238

## **North Raleigh Pediatric Group ADHD Medication Management Contract**

Your child has been diagnosed with a form of ADHD or Attention Deficit Hyperactivity Disorder. This is the name used even if your child does not have the hyperactive component. The medications prescribed can work very well for the symptoms your child experiences. Medication changes or adjustments are often necessary to find the optimal dose of these medications. It is important that we monitor your child closely until we find the medication and dose that works best for your child.

### **Medication Evaluation**

Patients are required to be seen in our office for a medication follow up 21-29 days after their initial ADHD evaluation and anytime they change to a different medication. Your child will need to be seen every 90 days until stable

### **Medication Maintenance**

Your Physician and the ADHD Coordinator will work with you to monitor medication effectiveness and answer any questions or concerns regarding your child's medication therapy. Patients who are stable on their medication will need to be seen in our office every 6 months for a medication follow-up appointment. The Federal Drug Enforcement Agency expects the prescribing physician to have adequate follow-up of individuals when prescribing controlled substances. Insurance requires these visits to **not be combined** with Annual Physicals.

### **Follow Up Forms**

ADHD assessment forms are required (minimum) once per year. Forms can be downloaded from our website, under 'Forms & Policies'. Completed ADHD assessment forms can be brought with you to your scheduled appointment.

### **Refill Requests**

Medication refill requests can be made by phone or in person and should be made at least **5 days in advance**. In order to receive medication refills, your ADHD Follow Up appointments and Annual Physical need to be current. Refill delays can occur due to overdue appointments or insurance prior authorization requirements. Our ADHD Coordinator will notify you when your prescription is ready to be picked up. These medications are classified as a Class 2 controlled substance by the Drug Enforcement Agency. All lost, destroyed, stolen, expired or otherwise misplaced or misused Controlled Substance medications and/or their scripts may not be replaced. You are required to come into the office and sign for the printed prescriptions at the front desk.

### **Patients 18 years of age and older**

**HIPAA regulations require us to speak directly with patients once they turn 18.** For us to talk with parents about their adult child's treatment or make appointments for them, we need an updated HIPAA form, signed by the adult child. We **MUST** speak with the adult child unless they specifically give us permission who we can talk to regarding treatments and permission who we can talk to regarding appointments.

**I acknowledge receipt of this Medication Management Contract and agree to the stipulations within.**

***I understand that failure to keep appointments can result in the denial of medication refills.***

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
DOB

\_\_\_\_\_  
Signature of Patient/Parent/Guardian

\_\_\_\_\_  
Date



**GROW WITH US**  
Infants, Children, and Adolescents